

## Pacific-10 Conference

### The Conference of Champions

Entering the 2006-07 season, the Pacific-10 Conference continues to uphold its tradition as the "Conference of Champions."® Pac-10 members have claimed an incredible 138 NCAA team titles over the past 16 seasons, for an average of more than eight championships per academic year.

Even more impressive is the breadth of the Pac-10's success, as those 138 team titles have come in 24 different men's and women's sports. The Pac-10 has led the nation in NCAA Championships 40 of the last 46 years and finished second five times.

Spanning nearly a century of outstanding athletics achievement, the Pac-10 has captured 351 NCAA titles (251 men's, 100 women's), far outdistancing the runner-up Big Ten Conference's 205 titles.



## Pac-10 Leads The Way With Nine NCAA Team Championships

The Pac-10 captured nine NCAA titles in 2005-06 to lead the nation. It should be noted that the Pac-10 total does not include CALIFORNIA's national championship in rugby or men's crew, as they are not counted as NCAA titles. The Pac-10 led the nation with the most NCAA titles in women's sports with six.

NCAA team champions from the Pac-10 in 2005-06 came from UCLA (men's volleyball and women's water polo), STANFORD (women's cross country and women's tennis), ARIZONA (softball), CALIFORNIA (women's rowing), USC (men's water polo), WASHINGTON (women's volleyball) and OREGON STATE (baseball). The Pac-10 also had runners-up in six NCAA Championship events: men's basketball (UCLA), women's soccer (UCLA), women's golf (USC), women's outdoor track and field (USC), men's swimming and diving (ARIZONA) and women's indoor track and field (STANFORD). The Trojans also competed in the BCS National Championship Game, but football is not recognized as an NCAA title. Overall, the Conference had 15 teams finish in the top three at NCAA Championship events.

Participation in the postseason was a common occurrence for the Conference in 2005-06. Of the 22 sports sponsored by the Pac-10, 18 witnessed at least half its teams participating in NCAA or other postseason action. The men sent 56 of a possible 92 teams into the postseason (60.8 percent), while the women sent 61 of a possible 100 teams (61.0 percent).



*Even in its infancy,* the Pacific-10 Conference played a significant role in the development of women's basketball. California and Stanford squared off at the Page Street Armory in San Francisco for the first women's intercollegiate game in the nation, April 4, 1896. Two weeks later the University of Washington hosted Ellensburg State in Seattle.

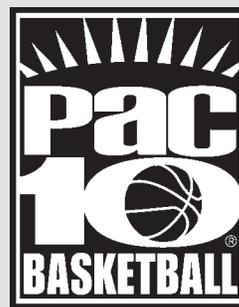
League play in the Pac-10 began in 1986-87, combining the NorPac Conference (California, Oregon, Oregon State, Washington and Washington State) with the Western Collegiate Athletic Association (Arizona, Arizona State, Stanford, UCLA, and USC).

The Conference quickly established a reputation as one of the strongest women's basketball leagues in the nation. The Pac-10 sent at least four teams to the NCAA Tournament nine times in the decade of the '90s, and every team in the Conference made a trip to the Big Dance in the '90s.

As the conference entered the new millennium, success has followed. The Pac-10 has sent at least six teams to postseason play (NCAA, WNIT) in five consecutive years. In 2006, six teams competed in the NCAA Tournament for the first time in Conference history. Stanford reached the Elite Eight for the third straight year, while UCLA picked up its first-ever State Farm Pac-10 Tournament Trophy.

Since the NCAA began conducting women's championships 25 years ago, Pac-10 members have claimed at least four national titles in a single season on 17 occasions. Overall, the Pac-10 has captured 100 NCAA women's crowns, easily outdistancing the Southeastern Conference, which is second with 66. Pac-10 members have dominated a number of sports, winning 18 softball titles, 17 tennis crowns, 11 of the last 16 volleyball titles, 11 of the last 17 trophies in golf and eight in swimming and diving.

Pac-10 women athletes shine nationally on an individual basis as well, having captured an unmatched 464 NCAA individual titles, an average of more than 18 champions per season.



## The Pacific-10 Conference

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[www.pac-10.org](http://www.pac-10.org)

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The Cougar women's basketball team has played games all across the United States, including trips to Alaska and Hawaii.

In May of 2004, the Cougars took the WSU banner international with a tour of Italy.

The team's 2006-07 road itinerary is highlighted by a trip to Lexington, Ky., where they will participate in the 2006 Women's Sports Foundation Classic Tournament.



Game locations (1970–Spring 2007)





Washington State University

# Why Washington



"I fell in love with the coaches, players and community at WSU the moment I stepped on campus. Everyone had a clear vision for success and I felt the program emphasized the importance of the players being well-rounded individuals as well as exceptional athletes."

—Senior *Kate Benz*  
Forward  
WSU Women's Basketball

"The first thing that attracted me to WSU was the coaches, but once I made my visit to Pullman, I fell in love with the town. I loved the college atmosphere, the friendly and outgoing people and the overall sense of community."

What drew me to Coach Murrell was her enthusiasm, encouragement and positive attitude. I have since learned that she is the most supportive coach I have ever had. She has helped me through some tough personal times and helped me with my self-confidence. She is a coach that will fight for her players and believes in teamwork and heart!"

—RS-Sophomore *Sabrina Shired*  
Center  
WSU Women's Basketball

"As soon as I stepped onto campus I fell in love with WSU. I couldn't wait to come back. WSU is the perfect college campus and I am proud to be associated with it. Coach Murrell is a perfect coach for a player like me. What you see is what you get and that is exactly the type of coach I want to play for. I believe she will make me a better ball player as well as person."

—Sophomore *Amanda DuRocher*  
Guard  
WSU Women's Basketball

## State University?



"The opportunity to be coached by a knowledgeable, genuine and "real" coaching staff was too good to pass up. I wanted to surround myself with people who not only care about me as a player, but also as a person.

Playing in the Pac-10 is one of the most exciting and challenging choices that I could make. Coach Murrell lights up a room with her sense of humor, she's one of those people you want to be around all of the time. She really relates well to her players."

—Senior *Adriane Ferguson*  
Guard  
WSU Women's Basketball



"The moment I stepped on this campus and met the coaching staff, I knew that this is a place I could call home. I'm confident that experiencing WSU will be one of the most exciting times in my life. I'm looking forward to strong competition, great friendships, and completing my college degree. Everything from the campus size to the rolling hills of the Palouse is a perfect fit for me.

I'm so excited to play for Coach Murrell! I know she will help me reach my top playing potential as well as help me to develop as a person. Her sincerity, integrity, and knowledge of the game make her the best coach I could ever hope for. Go Cougs!"

—Sophomore *Katie Appleton*  
Guard  
WSU Women's Basketball



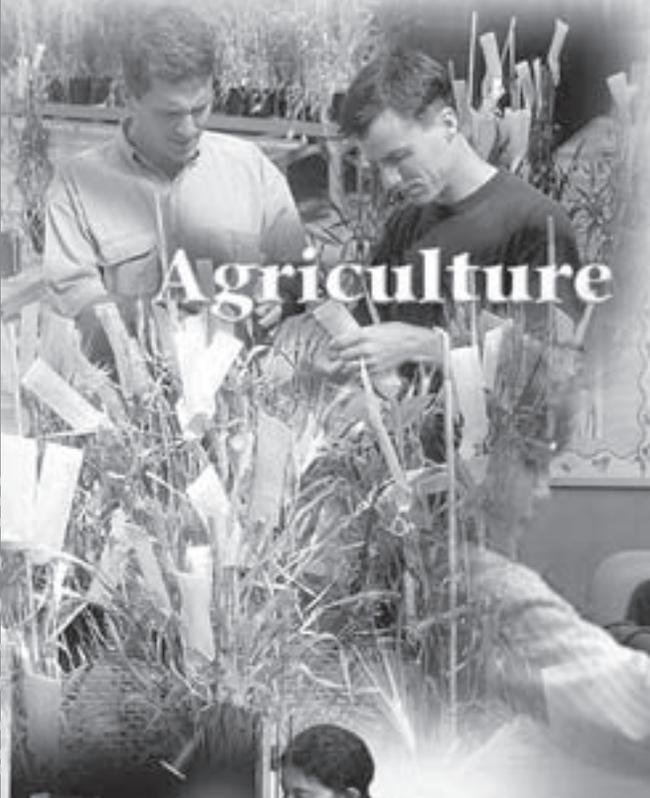
"WSU is a great school for me. The people and the environment are awesome. This school is the best fit for me. Coach Murrell is a very open, honest and up-front person. I truly respect her for this."

—Ebonee Coates  
Center  
WSU Women's Basketball

# WASHINGTON Colleges

WSU has 10 colleges and offers 150 majors and options spanning the liberal arts and sciences, as well as architecture, business education, nursing, pharmacy and agriculture, engineering, home economics, and veterinary medicine.

Students from all 50 states and 103 foreign countries attend WSU.

A black and white photograph showing two young men in a field, examining plants. One is holding a plant stem. The background shows a line of trees and a building.

**Agriculture**

A black and white photograph of a classroom. A teacher is pointing at a board while two young boys look on. A woman is also visible in the background.

**Education**

A black and white photograph of a young woman in a lab coat standing next to a computer monitor in a laboratory setting.

**Sciences**

A black and white photograph of a young man smiling next to a horse in a pool of water. A woman is also visible in the water.

**Veterinary Medicine**

# BASKETBALL

## STATE

Business

ICNE  
(Intercollegiate College  
of Nursing)

Engineering

Honors

Liberal Arts

Pharmacy



## *Dedicated to diversity*

Washington State University seeks to enrich every student's educational experience through exposure to different cultures, philosophies, and scholarly perspectives. This atmosphere of interchange and inquiry is fostered through various campus programs, diversity in the curriculum, and comfortable places around campus to meet and talk with students with different backgrounds. All students are encouraged to study abroad for a semester to experience life in another country. But you don't need to leave campus to find opportunities to learn about differences as there are numerous events, films, musicians, and speakers throughout the year that address issues of equity and diversity.

### *Office of the Vice President for Equity and Diversity*

Given the importance of making WSU a welcoming and supportive place for everyone, the Office of the Vice President for Equity and Diversity was established in 2004. This office worked with students, faculty, and staff at all WSU locations to develop a university-wide Strategic Plan for Equity and Diversity. In accordance with this plan, goals have been established and work is underway to increase the diversity and retention rates among students and faculty, improve the campus climate for underrepresented students, infuse diversity into university leadership and management, provide increased educational/scholarship opportunities, and devise better methods of assessment and accountability for diversity progress. More information about the Office of the Vice President for Equity and Diversity and the Strategic Plan can be found by visiting [www.diversity.wsu.edu/](http://www.diversity.wsu.edu/).



### *Equity and Diversity Partners*

The following units report to the Office of the Vice President for Equity and Diversity and serve as valuable partners with all areas of the university working on these issues.

***The Center for Human Rights***  
[www.chr.wsu.edu/](http://www.chr.wsu.edu/)

***Gender Identity/Expression and Sexual Orientation Resource Center***  
[www.thecenter.wsu.edu/](http://www.thecenter.wsu.edu/)

***Women's Resource Center***  
[www.women.wsu.edu/](http://www.women.wsu.edu/)

***Talmadge Anderson Heritage House***  
[www.heritagehouse.wsu.edu/](http://www.heritagehouse.wsu.edu/)

***Disability Resource Center***  
[www.drc.wsu.edu/](http://www.drc.wsu.edu/)

***Multicultural Student Services***

## Mentor Program for Student-Athletes of Color



In creating a multicultural environment in the Athletic Department, this program reflects in part the University's commitment to diversity. A mentoring relationship provides the mentor with the opportunity for providing student-athletes with professional and personal growth, and the satisfaction of assisting students to develop the skills necessary to become successful in all of their endeavors:

This program provides benefits to student-athletes of color by:

- Promoting communication among student-athletes, coaches, and athletic administrators on minority issues
- Providing feedback and insight into Athletic Department issues
- Generating a student-athlete voice within the Athletic Department shaping policies
- Equipping student-athletes with information about what a positive image means on campus
- Improving minority retention and graduation rates by demonstrating an interest in the personal growth of the student-athlete
- Helping student-athletes prepare for transition into college life
- Enhancing interpersonal relationships in the life of the student-athlete
- Helping student-athletes of color build a positive self-esteem
- Helping student-athletes of color make meaningful contributions to their communities
- Helping student-athletes of color realize their academic, athletic, personal and social responsibilities
- Providing a supportive learning environment that encourages academic achievement

Many functions are planned by the Mentor Program to enhance the relationships between student-athletes and mentors. These functions help in informally matching mentors with student-athletes of color naturally who desire to experience a smoother transition into the Washington State University environment.

"The ultimate goal of this program for student-athletes of color is to ensure their graduation from Washington State University and the achievement of a successful sports career. The WSU Athletic Department is committed to producing student-athletes of color who epitomize professionalism."

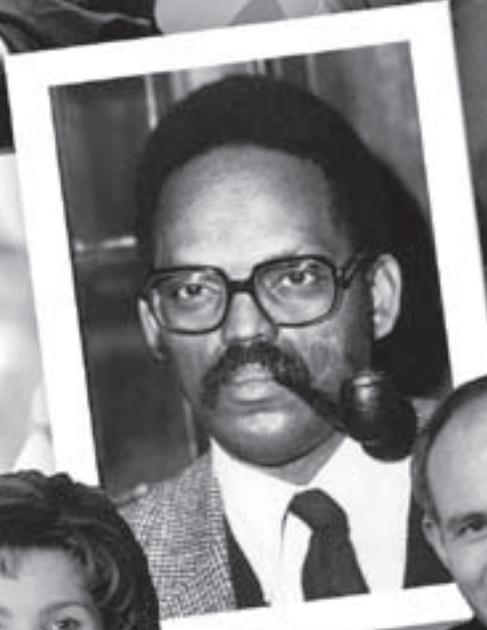
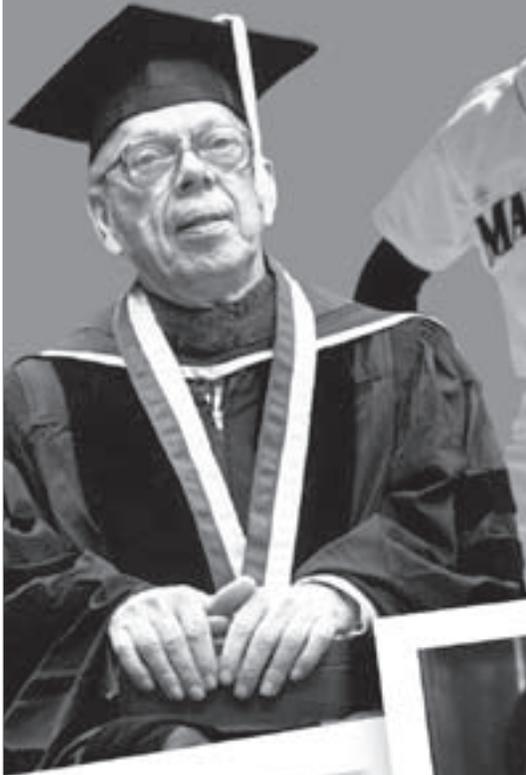
—Milford Hodge



Milford Hodge  
Mentoring Coordinator

WASHINGTON

**Notable**



women's basketball

